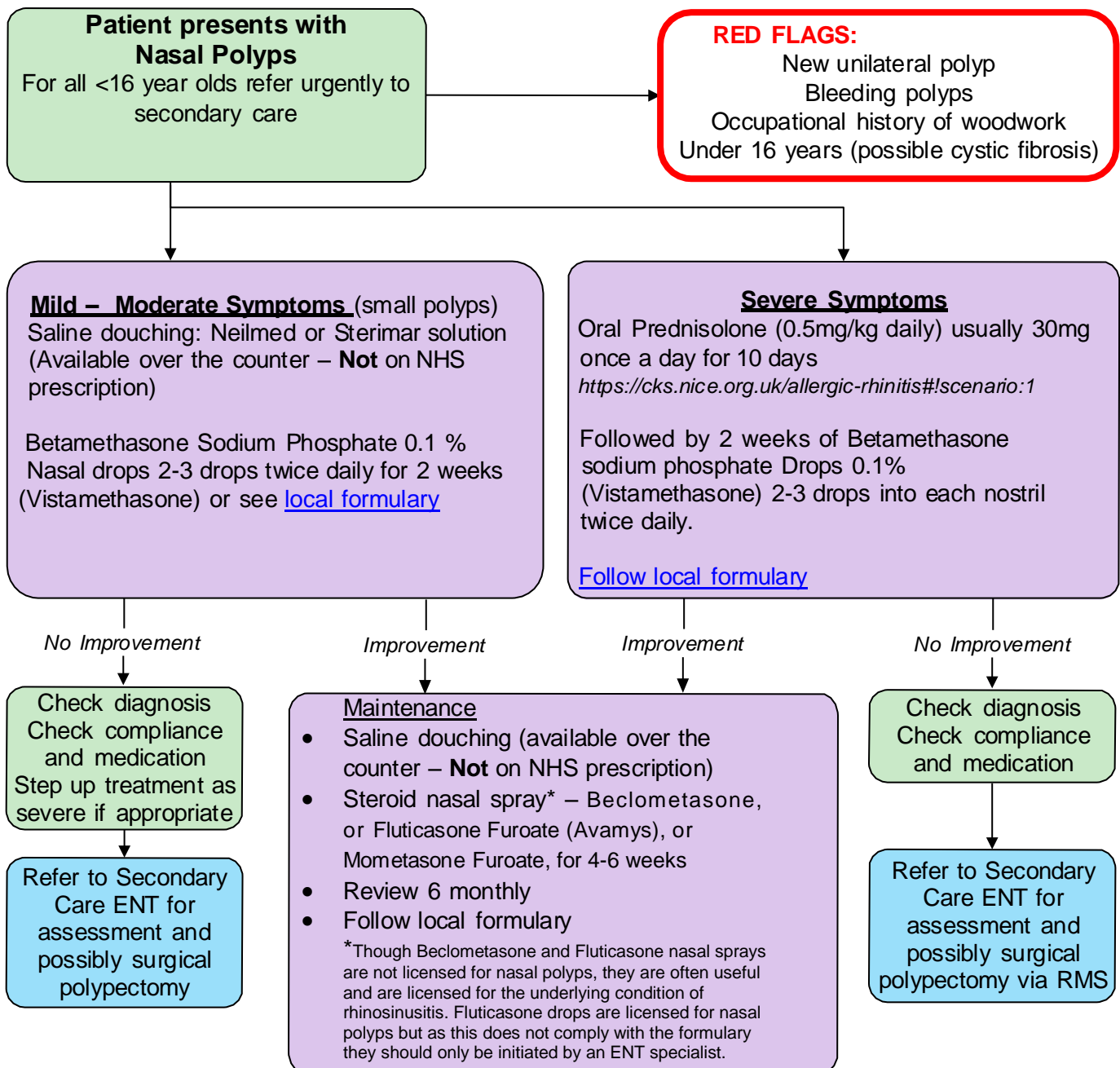


## Adult Nasal Polyposis in Primary Care

This document is designed to aid the clinical decision for GP's seeing patients with nasal polyps in the primary care setting.

Current thinking is that medical management of polyps, if successful, is preferable to surgery as the recurrence rate of polyps post-operatively is close to 100%.



*Correct use of drops and sprays is key to successful treatment*

[Click here for patient information sheet – how to use nasal drops; how to use nasal spray](#)

**RED FLAGS:**

Nasal Polyposis is rare in children. Swelling inside the nose is usually a harmless inferior turbinate.

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**Date:** 5<sup>th</sup> June 2017  
**References:** Based on Coastal and West Sussex Clinical Commissioning Group pathway.  
BSACI Guidelines on Rhinosinusitis and Polyposis – <http://www.bsaci.org/>  
ENT UK/RCS Commission – <https://entuk.org/>