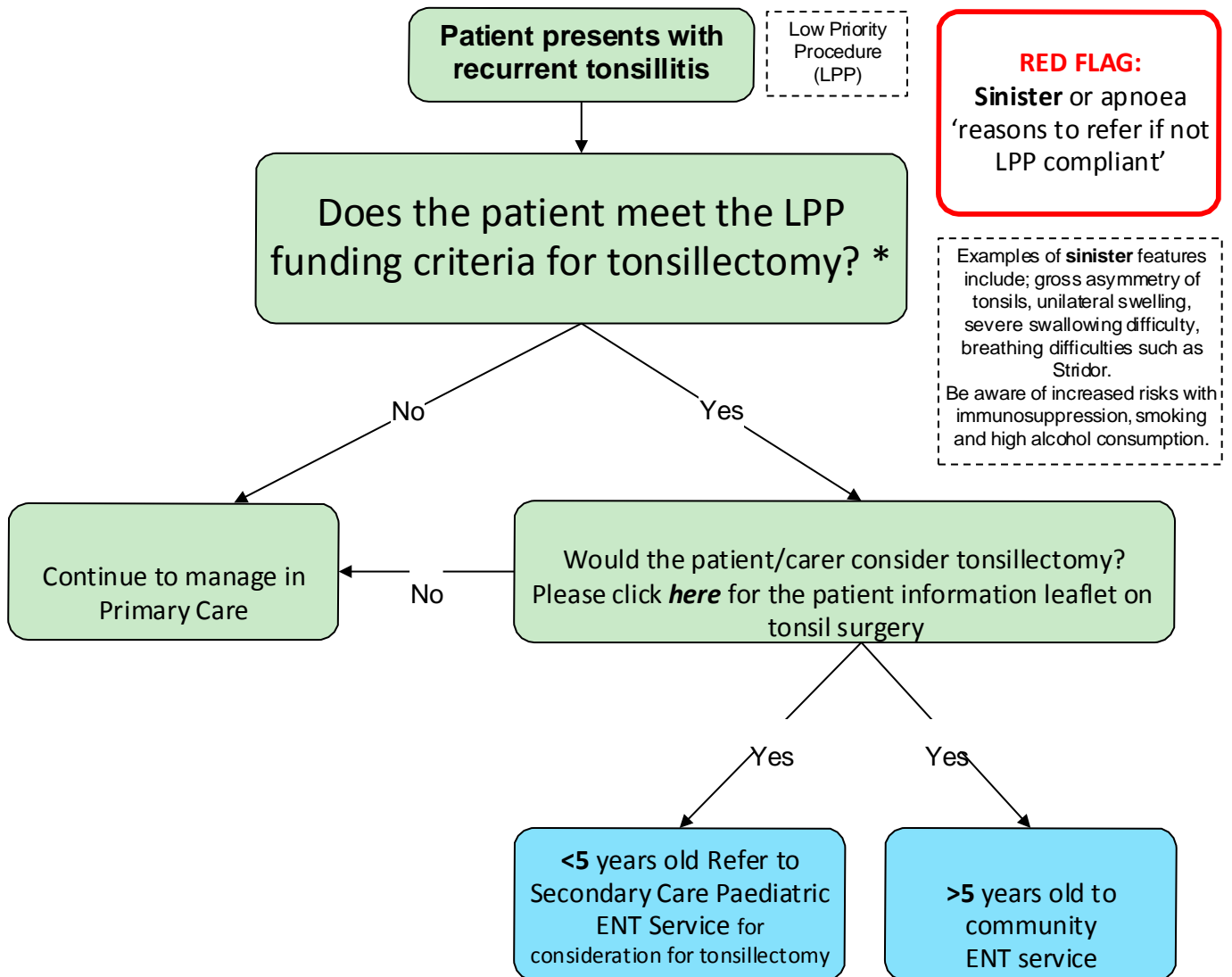


Adult and Paediatric Recurrent Tonsillitis



Low Priority Procedure for Tonsillectomy

* THRESHOLD CRITERIA

Tonsillectomy will be funded for patients who fulfill the criteria below. However, an application for funding must be submitted to the CCG for approval to ensure that at least one of the following criteria is met:

- Malignancy:** Suspicion or evidence of malignancy. Patients should be referred and treated as appropriate,
- OR Tonsillitis:** ≥ 7 well documented and diagnosed, clinically significant, adequately treated episodes of acute tonsillitis in the preceding year
Or ≥ 5 such episodes in each of the preceding two years
OR ≥ 3 such episodes in each of the preceding three years. Episodes must be disabling and prevent normal functioning. (two or more weeks absence from work/ school/ college/ duties as a carer.)
- OR Peritonsillar abscesses (PTA):** ≥ 2 episodes resulting in hospital stay,
- OR Obstructive sleep disordered breathing** in people aged under 16 demonstrated by accepted method of diagnosis including sleep study, which impacts on development, behaviour and quality of life,
- OR Other:** People with specific clinical conditions that require tonsillectomy as part of their on-going management strategy (e.g. psoriasis, nephritis, periodic fever aphthous pharyngitis and cervical adenopathy [PFAPA] syndrome).

