



Brighton and Hove Clinical Commissioning Group
 High Weald Lewes Havens Clinical Commissioning Group
 Brighton and Sussex University Hospitals NHS Trust

JOINT FORMULARY
CHAPTER 6 - ENDOCRINE SYSTEM

[Formulary home page](#)

Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Drugs	Specialist Initiation WITH Shared Care Drugs	Specialist ONLY Drugs
	For specialist initiation or recommendation only and specific on going monitoring (if required) but can then be prescribed by a GP <u>without</u> a shared care guideline.	For specialist initiation only and specific on going monitoring but can then be prescribed by GP <u>with</u> a shared care guideline.	For initiation and continuation (including monitoring) by a <u>specialist only</u> .
6.1	Drugs used in diabetes		
6.2	Thyroid and antithyroid drugs		
6.3	Corticosteroids		
6.4	Sex hormones		
6.5	Hypothalamic and pituitary hormones and anti-oestrogens		
6.6	Drugs affecting bone metabolism		
6.7	Other endocrine drugs		
Version Control			
Date of revision	Sections reviewed	Contributors	
09/11	All sections - Initial review	Dr S Glaspole	
07/16	All sections – APC review	APC members	
05/18	Amendments following the publication of NHSE guidance on conditions for which prescriptions could potentially be restricted .	APC working group	
10/19	All Section reviewed	S Bergin, S Lim, J Patel, R Shah, K Scott and APC members.	

Ctrl-f will activate the search window.

6.1 Drugs used in diabetes (back to top)		
<u>Guidelines on the Management of Type 2 Diabetes in Adults</u>		
6.1.1 Insulins		
To avoid confusion, it is advisable to prescribe insulin by brand name.		
6.1.1.1 Short-acting insulins		
Soluble Insulin	Actrapid [®] , Humulin S [®]	
Insulin Aspart	Fiasp [®] NovoRapid [®] and NovoRapid [®] PumpCart	
Insulin Lispro	Humalog [®] 100iu / ml, 200iu / ml	
Insulin Glulisine	Apidra [®]	
6.1.1.2 Intermediate and long-acting insulins		
Isophane insulin	Insulatard [®] , Humulin I [®] , Insuman [®] Basal	First line choice under specialist initiation. Insuman[®] Basal is the most cost effective choice in the class
Insulin Glargine	Abasaglar [®] , Lantus [®] 100iu / ml Toujeo [®] 300iu / ml	Abasaglar[®] is the preferred long acting insulin analogue. In type 2 diabetes, insulin analogues should be initiated by a specialist and only when NPH (isophane) is not suitable as per NICE NG28 Toujeo is suitable for patients with significant insulin resistance.
Insulin Detemir	Levemir [®]	Use as per NICE NG 28 Second line choice under specialist initiation
Insulin Degludec	Tresiba [®] 100iu / ml, 200iu / ml	Only locally approved for type 1's with documented severe hypoglycaemia; or <ul style="list-style-type: none"> • risk of hypoglycaemia because of reduced awareness; or • frequent hypoglycaemia which prevents achieving predefined glycaemic targets AND individuals should have: <ul style="list-style-type: none"> • received an appropriate level of education with respect to flexible insulin dosing and carbohydrate counting; and • tried other basal insulin regimens including split dose detemir as recommended in NICE NG17 • be prepared to complete hospital issued assessment questionnaire
Biphasic insulins		
Biphasic isophane	Humulin [®] M3	
Biphasic aspart	NovoMix [®] 30	
Biphasic lispro	Humalog [®] MIX 25, Humalog [®] MIX 50	
Humulin R U500		Unlicensed

	Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
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6.1.1.3 Hypodermic equipment (back to the top)		
Pen needles		
Pen needles costing <£3 / 100 have been approved to be used across the local health economy		
CareFine	4mm/32G, 5mm/31G, 6mm/31G, 8mm/31G	
GlucoRx CarePoint	4mm/31G, 5mm/31G, 6mm/31G, 8mm/31G, 10mm/29G, 12mm/29G	
GlucoRx CarePoint Ultra	4mm/32G	
Microdot Max	4mm/32G, 6mm/31G	
6.1.1.3 Hypodermic equipment continued		
Guidelines on the Management of Type 2 Diabetes in Adults		
Insulin Pens		
AutoPen® Classic	For use with Lilly and Wockhardt 3mL cartridges	
AutoPen® 24	For use with Sanofi-Aventis 3mL cartridges	
HumaPen® Luxura HD	For use with Humulin® and Humalog® 3-mL cartridges	
HumaPen® Savvio	For use with Humulin® and Humalog® 3-mL cartridges	
AllStar Pro®	For use with Lantus®, Apidra® and Insuman® 3-mL cartridges	
NovoPen® 3 Demi	For use with Penfill® 3-mL cartridges	
NovoPen® 5	For use with Penfill® 3-mL cartridges	
NovoPen® Echo	For use with Penfill® 3-mL cartridges	
6.1.2 Oral Blood Glucose Lowering Therapy Guidelines on Self Monitoring of Blood Glucose		
6.1.2.1 Sulphonylureas		
Gliclazide	Tablets 80mg Tablets 30mg MR	30mg MR tablets have a limited role over standard 80mg tablets. Only to be used in patients with compliance issues who wish for a once a day treatment.
Glipizide	Tablets 5mg	
Glimepiride	Tablets 1mg, 2mg, 3mg, 4mg	
6.1.2.2 Biguanides		
Metformin	Tablets 500mg, 850mg Oral solution 500mg/5mls	Oral solution for patients with swallowing difficulties.
Metformin SR	Tablets 500mg SR, 750mg SR, 1000mg SR	Where GI complications with immediate release product. Sukkarto® MR is the preferred brand of 500mg and 1000mg.
6.1.2.3 Other Antidiabetic Drugs		
Thiazolidinediones		
Pioglitazone	Tablets 15mg, 30mg, 45mg	
Rapid Acting Insulin Secretagogues		
Nateglinide	Tablets 60mg, 120mg, 180mg	
Repaglinide	Tablets 500 microgram, 1mg, 2mg	

	Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
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6.1.2.3 Other Antidiabetic Drugs continued ([back to the top](#))

Guidelines on the Management of Type 2 Diabetes in Adults

Incretin mimetic (GLP-1 analogues)

Dulaglutide	Injection 0.75 mg/0.5 ml, 1.5 mg/0.5 pre-filled pen	NICE NG 28 Weekly GLP-1
Exenatide	Injection 5microgram/dose or 10 microgram/dose (Byetta®) M/R injection 2mg (Bydureon® requires reconstitution)	NICE NG 28 Byetta® is twice daily dosing Bydureon® is weekly dosing
Liraglutide (Victoza®)	Injection 6mg/ml	NICE NG 28 Available as pre-filled pen containing 18mg in 3ml. Dose range 0.6mg to 1.2mg once daily subcut.
Lixisenatide	10/20 micrograms/dose prefilled pen	Once daily
Semaglutide	Injection 0.25mg / 0.19ml, 0.5mg/ 0.37ml, 1mg / 0.74ml pre-filled pen	Preferred weekly GLP-1

NICE NG28 states: Only continue GLP-1 mimetic therapy if the person with type 2 diabetes has had a beneficial metabolic response (a reduction of at least 11 mmol/mol [1.0%] in HbA1c **and** a weight loss of at least 3% of initial body weight in 6 months). **HbA1c calculator:** <http://www.diabetes.org.uk/hba1c>

Dipeptidylpeptidase-4 inhibitors

Sitagliptin	Tablets 100mg	Use as per NICE NG 28
Alogliptin	Tablets 6.25mg, 12.5mg, 25mg	FDA safety warning
Linagliptin	Tablets 5mg	

Only routinely continue DPP-4 inhibitor therapy if the person has had a beneficial metabolic response (a reduction of at least 0.5 percentage points in HbA1c in 6 months, which approximates to a 5.5 mmol/mol reduction) **HbA1c calculator:** <http://www.diabetes.org.uk/hba1c>

SGLT2 inhibitors See [NICE TA 390](#) for use as monotherapies for treating type 2 diabetes

MHRA safety alerts for SGLT2 inhibitors: [risk of diabetic ketoacidosis](#), [increased risk of lower-limb amputation](#), [reports of Fournier's gangrene](#)

Dapagliflozin	Tablets 5mg, 10mg	GREEN = Use in Type 2 diabetes as per NICE TA 288 or NICE TA 418 BLUE = Use in Type 1 diabetes as per NICE TA 597
Canagliflozin	Tablets 100 mg, 300 mg	Use as per NICE TA 315
Empagliflozin	Tablets 10mg, 25mg	Use as per NICE TA 336
Ertugliflozin	Tablets 5mg, 15mg	Use as per NICE TA 572 or NICE TA 583

6.1.3 Diabetic ketoacidosis

Refer to local policy		In patient procedures vary, see local hospital policy
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6.1.4 Treatment of hypoglycaemia (back to the top)		
GlucaGen® Hypokit (glucagon)	Injection 1mg vial with pre-filled syringe containing water for injection	
GlucoGel®	Glucose oral ampoule 9.2g / 23g	
Diazoxide	Suspension 250mg / 5ml (generic) Proglycem® 50mg / ml suspension	Only locally approved to treat infants and children with congenital hyperinsulinaemia, in combination with chlorothiazide. (See entry below) Info Sheet . If Proglycem® brand is requested then this is to be supplied by the hospital.
Chlorothiazide	Suspension 250mg / 5ml Diuril® 250 / 5ml suspension	Only locally approved to treat infants and children with congenital hyperinsulinaemia, in combination with diazoxide. (See entry above) Info Sheet . If Diuril® brand is requested then this is to be supplied by the hospital.
Glucose	Intravenous infusion 20%	
Glucose powder		First Line at BSUH
6.1.6 Diagnostic and monitoring agents for diabetes mellitus		
Blood glucose monitoring – test strips		
Information on formulary meters and test strips Guidelines on Self Monitoring of Blood Glucose		
Contour TS (Bayer)	Test strips	
GlucoMen Areo (Menarini)	Test strips	
MyLife Pura (Ypsomed)	Test strips	
Omnitest 3 (B.Braun)	Test strips	
WaveSense JAZZ (AgaMatrix)	Test strips	
GlucoRx Nexus Voice (GlucoRx)	Test strips	Has audio feedback function suitable for the visually impaired
Accu-Chek Performa (Roche)	Test strips	
CareSens PRO (Siprit)	Test strips	
6.1.6 Diagnostic and monitoring agents for diabetes mellitus continued		
FreeStyle Libre (Abbott)	Sensor	Specialist initiation. See NHS England's guidance on Flash Glucose Monitoring: National arrangements for funding of relevant diabetes patients . Annex A: Criteria for NHS England Flash Glucose Monitoring Reimbursement for patient criteria.
Urinalysis		
Ketostix®	1x 50 strips	
Blood ketone monitoring		
GlucoMen areo ketone Sensor (Menarini)	10 strips	
KetoSens (Spirit)	10 strips	
NICE TA151: Continuous subcutaneous insulin infusion (insulin pump therapy)		

 Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
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6.2 Thyroid and antithyroid drugs (back to top)		
6.2.1 Thyroid hormones		
Levothyroxine	Tablets 25 micrograms, 50 micrograms, 75 micrograms, 100 micrograms	
Liothyronine	Injection 20 micrograms Tablets 20 micrograms	Only for treatment of myxedematous coma and pre radioiodine treatment for thyroid cancer. See Information for patients currently treated with T3 from BSUH Sept 2016
6.2.2 Anti-thyroid drugs		
Carbimazole	Tablets 5mg, 20mg	
Propylthiouracil	Tablets 50mg	
6.3 Corticosteroids (back to top)		
6.3.1 Replacement therapy (mineralocorticoid)		
Fludrocortisone	Tablets 100 micrograms	
6.3.2 Glucocorticoid therapy		
Prednisolone	Tablets 1mg, 5mg, 25mg (Non-enteric coated) Soluble tablets 5mg Oral solution 1mg/ml unit dose (5mg/5ml)	Enteric coated tablets are excluded from formulary. Prevanti [®] is currently the most cost effective brand of 25mg tablets. Soluble tablets are 1 st line for patients with swallowing difficulties.
Hydrocortisone	Tablets 10mg, 20mg Injection 100mg	Hydventia [®] is the preferred brand for 10mg tablets. The 20mg tablets should be prescribed as generic.
Dexamethasone	Tablets 500 microgram, 2mg Dexamethasone sodium phosphate injection 3.3mg in 1ml Oral solution 2mg/5ml	Injection: The prescribed dose will be interpreted in terms of base. B&H primary care please refer to the Palliative Care folder
Methyl-prednisolone	Injection (as sodium succinate) 125mg, 500mg, 1g, 2g. Injection (as acetate) 40mg in 1ml, 80mg in 2ml (intramuscular depot)	

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6.4 Sex hormones (back to top)		
NICE NG 23		
MHRA drug safety update Aug 2019		
6.4.1 Female sex hormones		
6.4.1.1 Oestrogens for HRT		
Sequential combined therapy		
Tablet		
Elleste Duet®	Tablets estradiol (1mg, 2mg) with norethisterone acetate (1mg)	Women with uterus
Femoston®	Tablets estradiol with dydrogesterone 1/10 and 2/10	Women with uterus
Patch		
Evorel Sequi®	Patches estradiol (50micrograms) and norethisterone acetate (170micrograms)	Women with uterus
Continuous combined therapy		
Tablet		
Kliefem®	Tablets estradiol (2mg) and norethisterone (1mg)	Women with uterus
Kliovance®	Tablets estradiol (1mg) and norethisterone (500microgram)	Women with uterus
Patch		
Evorel Conti	Patch estradiol (50micrograms) and norethisterone (170micrograms)	Women with uterus
Unopposed oestrogen		
Gel		
Oestrogel	Gel Oestradiol 0.06%	Women without uterus (or if uterus is intact an adjunctive progestogen must be used).
Tablet		
Elleste solo®	Tablets estradiol (1mg, 2mg)	Women without uterus (or if uterus is intact an adjunctive progestogen must be used).
Premarin®	Tablets conj. estrogens (625micrograms, 1.25mg)	Women without uterus (or if uterus is intact an adjunctive progestogen must be used).
Patch		
Elleste Solo® MX	Patches estradiol (40micrograms, 80micrograms)	Women without uterus (or if uterus is intact an adjunctive progestogen must be used).
Evorel®	Patches estradiol (25micrograms, 50micrograms, 75micrograms, 100micrograms)	Women without uterus (or if uterus is intact an adjunctive progestogen must be used).
Estradot®	Patches estradiol (25micrograms, 37.5 mcg, 50micrograms, 75micrograms, 100micrograms)	Women without uterus (or if uterus is intact an adjunctive progestogen must be used). Only for patients with skin irritation with Evorel and Elleste solo MX

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Others (back to the top)		
Ethinylestradiol	Tablets 10 micrograms, 50 micrograms, 1mg	Only approved for use in: <ul style="list-style-type: none"> • patients with Turner's syndrome • Transgender patients who cannot tolerate a switch to Progynova.
Raloxifene	Tablets 60mg	GREEN = HRT and as per NICE TA161 BLUE = chemoprevention as per CG164
Tibolone	Tablets 2.5mg	

6.4.1.2 Progestogens (for contraceptives see Chapter 7 - Gynaecological and Urinary Tract)		
Medroxyprogesterone acetate	Tablets 5mg, 10mg	Also see Blacklisted Drugs not routinely supported for use to postpone menstruation
Norethisterone	Tablets 1mg, 5mg	Also see Blacklisted Drugs not routinely supported for use to postpone menstruation
Utrogestan	Progesterone Capsules 100 mg (micronised)	Approved for use as part of HRT in patients with high risk of thrombosis, breast cancer and cardiovascular events and those who cannot tolerate synthetic progestins and for dual treatment.
Ulipristal	Tablets 5mg	Aug 2018: MHRA drug safety update: risk of serious liver injury: new restrictions to use and requirements for liver function monitoring before, during, and after treatment. More than one treatment course is authorised only in women who are not eligible for surgery, and liver function monitoring is to be carried out in all women treated with Esmya. Before initiation, discuss with women the rare risk of liver damage and advise them to seek urgent medical attention if they develop any symptoms or signs of liver injury.
For IVF, Prescribing of progesterone (ie, Cyclogest) is undertaken for up to 5 weeks of pregnancy by the tertiary centre (i.e. for 1 further week following a positive pregnancy test). The remaining 7 weeks of prescribing should be undertaken by the patient's GP, in line with general maternity related prescribing.		
Progesterone	Pessaries 200mg, 400mg Injection 50mg in 1ml, 100mg in 2ml	

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6.4.2 Male sex hormones and antagonists ([back to the top](#))

Testosterone	<p>Testosterone Undecanoate Injection 250mg/ml (Nebido®)</p> <p>Testosterone Propionate 30 mg, Testosterone Phenylpropionate 60 mg, Testosterone Isocaproate 60 mg, and Testosterone Decanoate Injection 100 mg/ml (Sustanon® 250)</p> <p>Tostran® Gel 10mg/metered application</p> <p>Testogel® sachets 50mg / 5g</p>	<p>Info Sheet (Children) (1st line)</p> <p>BLUE = for use in men GREEN = for use in menopausal women with low libido in whom oestrogen or oestrogen and progesterone (HRT) therapy alone has been unsuccessful. Must be reviewed after 3 months for efficacy and not to be added to repeat prescriptions. See PIL</p>
Testosterone Enantate	Injection (oily) 250 mg/ml	<p>BLUE = for use in children see Info Sheet (2nd line - suitable for patients with a peanut allergy) RED = all other indications</p>
Mesterolone	Tablets 25mg	

6.4.2 Male sex hormones and antagonists continued

Anti-androgens

Cyproterone acetate	Tablets 50mg	
Finasteride	Tablets 5mg	

6.5 Hypothalamic and pituitary hormones and anti-oestrogens ([back to top](#))

The use of all preparations in this section requires detailed prior investigation and should be reserved for specialist care.

6.5.1 Hypothalamic and anterior pituitary hormones and anti-oestrogens

Anti-oestrogen (e.g. **clomifene)**

IVF is provided by specialist centres and no drugs should be prescribed in primary care.

Anterior pituitary hormones

Tetracosactide (Synacthen®)	Injection 250 micrograms in 1ml, 1mg in 1ml (depot)	
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Gonadotrophins

IVF is provided by specialist centres and no drugs should be prescribed in primary care.

 Available to buy Over The Counter. See policy statement for more info.	<p>Non-Specialist Drugs</p>	<p>Specialist Initiation WITHOUT Shared Care Guidelines</p>	<p>Specialist Initiation WITH Shared Care Guidelines</p>	<p>Specialist ONLY Drugs</p>
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6.5 Hypothalamic and pituitary hormones and anti-oestrogens continued ([back to top](#))

Growth hormone

Omnitrope® and **Genotropin®** are the preferred 1st line choices for adults.
Omnitrope® and **Genotropin®** to be considered as 1st line options in children (with the understanding that other devices are still offered as required to allow patient needs and patient choice to be met).

Somatropin	Omnitrope® injection 5mg in 1.5ml, 10mg in 1.5ml Genotropin® Pen injection 5.3mg, 12mg MiniQuick® injection 0.2mg, 0.4mg, 0.6mg, 0.8mg, 1mg, 1.2mg, 1.4mg, 1.6mg, 1.8mg, 2mg, GoQuick® injection 5.3mg, 12mg Humatrope® injection 6mg, 12mg, 24mg Norditropin® SimpleXx® injection 5mg in 1.5ml, 10mg in 1.5ml, 15mg in 1.5ml Saizen 8mg click.easy	NICE TA 64 (Adults) NICE TA 188 (Children) Information sheet (Adults) Information sheet (Children)
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6.5.2 Posterior pituitary hormones and antagonists ([back to the top](#))

Posterior pituitary hormones

Desmopressin	Tablets 100 micrograms, 200micrograms Oral lyophilisates 120 micrograms, 240 micrograms Nasal solution 100mcg/ml Nasal spray 10 micrograms per dose Injection 4 micrograms in 1ml	
Terlipressin	Injection 1mg in 5ml	
Vasopressin	Injection 20 units/ml	

Antidiuretic hormone antagonists

Demeclocycline	Capsules 150mg	
Tolvaptan	Tablets 15mg, 30mg	As per TA358 for treating autosomal dominant polycystic kidney disease

6.6 Drugs affecting bone metabolism

6.6.1 Calcitonin and parathyroid hormone

Calcitonin	Injection 50units/ml, 100units/ml, 200units/ml	
Teriparatide	Injection 250microgram/ml 3ml pre-filled pen for 28 doses	NICE TA 161

6.6.2 Bisphosphonates and other drugs affecting bone metabolism

Alendronic acid	Tablets 70mg Tablets 10mg Effervescent tablets 70mg (Binosto)	For once a week doses For once daily doses Binosto are 2nd line for patients with swallowing difficulties NICE TA160 , NICE TA161 , NICE TA464 Alendronic acid is currently the most cost effective bisphosphonate.
Risedronate	Tablets 35mg Tablets 5mg	For once a week doses For once daily doses NICE TA160 , NICE TA161 , NICE TA464

6.6.2 Bisphosphonates and other drugs affecting bone metabolism continued (back to the top)		
Ibandronic acid	Tablets 150mg Tablets 50mg Injection 3mg/ml	For monthly doses. 150mg approved for postmenopausal osteoporosis NICE TA160 , NICE TA464 For once daily doses. 50mg approved for off label use for the routine management of breast cancer in post-menopausal women to reduce premature mortality. See PIL
Denosumab (Osteoporosis)	Injection 60mg/ml in pre-filled syringe	Information Sheet BH CCG Drug Monitoring LCS Specification. Patient must satisfy NICE TA 204 (Unable to comply with, intolerant to or where contraindication to alendronate and risedronate) ONLY APPROVED FOR USE IN WOMEN
Denosumab (Bone Mets)	Injection 120mg vial	NICE TA 265 Information Sheet BH CCG Drug Monitoring LCS Specification.
Sodium clodronate	Capsules 400mg Tablets 800mg	Info Sheet. For the prevention & management of bone disease in adults with multiple myeloma
Disodium pamidronate	Concentrate for intravenous infusion 3mg/ml: 5ml, 10ml vials Concentrate for intravenous infusion 6mg/ml: 10ml vial Concentrate for intravenous infusion 9mg/ml: 10ml vial	
Zoledronic acid	Aclasta® IV infusion 50 microgram/ml	NICE TA464 Also approved for off label use for the routine management of breast cancer in post-menopausal women to reduce premature mortality.

6.7 Other endocrine drugs

6.7.1 Bromocriptine and other dopamine-receptor stimulants

Bromocriptine	Tablets 1mg, 2.5mg Capsules 5mg, 10mg	
Cabergoline	Tablets 500 micrograms	July 2008 MHRA drug safety update
Quinagolide	Tablets (starter pack – 25micrograms, 50micrograms) 75micrograms.	

6.7.2 Drugs affecting gonadotrophins.

Indication for endocrine disorders only. [See chapter 8 for other indications.](#)

Gonadorelin analogues

Leuprorelin	Prostap® SR DCS 3.75mg Prostap® 3 DCS 11.25mg	
Triptorelin	Decapeptyl® SR 3mg Decapeptyl® SR 11.25mg Decapeptyl® SR 22.5mg	
Goserelin	Zoladex® Implant 3.6mg Zoladex® Implant 10.8mg	

6.7.3 Metyrapone

Metyrapone	Capsules 250mg	
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 Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
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