



Brighton and Hove Clinical Commissioning Group  
 High Weald Lewes Havens Clinical Commissioning Group  
 Brighton and Sussex University Hospitals NHS Trust

## JOINT FORMULARY

### CHAPTER 7 - OBSTETRICS, GYNAECOLOGY, AND URINARY-TRACT DISORDERS


[Formulary home page](#)

<a href="#">Non-Specialist Drugs</a>	<a href="#">Specialist Initiation WITHOUT Shared Care Guidelines</a>	<a href="#">Specialist Initiation WITH Shared Care Guidelines</a>	<a href="#">Specialist ONLY Drugs</a>
Suitable for <u>non-specialist</u> initiation.	For specialist initiation or recommendation only and specific on going monitoring (if required) but can then be prescribed by a GP <u>without</u> a shared care guideline.	For specialist initiation only and specific on going monitoring but can then be prescribed by GP <u>with</u> a shared care guideline.	For initiation and continuation (including monitoring) by a <u>specialist only</u> .
<a href="#">7.1</a>	<b>Drugs used in obstetrics</b>		
<a href="#">7.2</a>	<b>Treatment of vaginal and vulval conditions</b>		
<a href="#">7.3</a>	<b>Contraceptives</b>		
<a href="#">7.4</a>	<b>Drugs for genito-urinary disorders</b>		
Version Control			
Date of revision	Sections reviewed	Contributors	
09/11	All sections - Initial review	Dr S Glaspole	
03/12	Partial Clinical Review	Mike Pettit	
03/12	Partial Clinical Review	Anja St Clair Jones	
01/17	Brighton Area Prescribing Committee Review	Brighton APC and local specialists	
05/18	Amendments following the publication of <a href="#">NHSE guidance on conditions for which prescriptions could potentially be restricted</a> .	APC working group	

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<b>7.1 Drugs used in obstetrics (<a href="#">back to top</a>)</b>		
<b>7.1.1 Prostaglandins and oxytocics</b>		
<b>Induction and augmentation of labour</b>		
Oxytocin	Injection 10 units in 1 ml	
Dinoprostone	Vaginal tablets 3 mg	
Misoprostol	Tablets 200mcg	
<b>Prevention and treatment of haemorrhage</b>		
Ergometrine and oxytocin (Syntometrine®)	Injection containing ergometrine maleate 500 micrograms and oxytocin 5 units in 1 ml	
Ergometrine	Injection 500 micrograms in 1 ml	
Carboprost	Injection 250 micrograms in 1 ml	
<b>7.1.1.1 Ductus arteriosus</b>		
Alprostadil	Injection 500 micrograms in 1 ml for intravenous infusion	maintenance of patency
Indometacin	Injection 1 mg vials	closure of ductus arteriosus
<b>7.1.2 Mifepristone</b>		
Mifepristone	Tablets 200 mg	
<b>7.1.3 Myometrial relaxants</b>		
Nifedipine	Capsules 10 mg	Used with steroid cover in possible premature labour
Terbutaline	Injection 500micrograms / ml	Only used for ECV

<b>7.2 Treatment of vaginal and vulval conditions (<a href="#">back to top</a>)</b>		
<b>7.2.1 Preparations for vaginal atrophy</b>		
Estriol (Ovestin®)	Intravaginal cream containing 0.1% estriol	
Estradiol (Vagifem®)	Vaginal tablet containing 10 micrograms of estradiol	
Estradiol (Estring®)	Vaginal ring releasing estradiol approx. 7.5 microgram / 24 hours	
<b>7.2.2 Anti-infective drugs</b>		
<b>Fungal infections</b>		
Clotrimazole	 1% cream 20 g 10% vaginal cream 5 g 500 mg pessary Combi, clotrimazole 500-mg pessary and cream (topical) 2% 10g	Combi for use in primary care only
Econazole	1% cream 15 g 150 mg pessary	
<b>Other infections</b>		
Metronidazole	Tablets 200mg, 500mg Vaginal gel 0.75%	
Clindamycin	Cream, 2%	



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<b>7.3 Contraceptives</b> ( <a href="#">back to top</a> )		
<b>7.3.1 Combined oral contraceptives (COCs)</b>		
The preferred brands have been chosen as they are available from main wholesalers and are cost effective to the NHS (at the time of review).		
<b>ethinylestradiol and desogestrel</b>		
Ethinylestradiol 20 micrograms and desogestrel 150 micrograms	Tablets	The preferred brand is <b>Gedarel 20/150</b> <sup>®</sup>
Ethinylestradiol 30 micrograms and desogestrel 150 micrograms	Tablets	The preferred brand is <b>Gedarel 30/150</b> <sup>®</sup>
<b>ethinylestradiol and drospirenone</b>		
Ethinylestradiol 30 micrograms and drospirenone 3 mg	Tablets	The preferred brands are <b>Yiznell</b> <sup>®</sup> and <b>Yacella</b> <sup>®</sup> (available from May 2017)
<b>ethinylestradiol and gestodene</b>		
Ethinylestradiol 20 micrograms and gestodene 75 micrograms	Tablets	The preferred brand is <b>Millinette 20</b> <sup>®</sup>
<b>ethinylestradiol and levonorgestrel</b>		
Ethinylestradiol 30 micrograms and levonorgestrel 150 micrograms	Tablets	The preferred brand is <b>Rigevidon</b> <sup>®</sup>
<b>ethinylestradiol and norethisterone</b>		
Ethinylestradiol 35 micrograms and norethisterone 500 micrograms	Tablets	The preferred brand is <b>Brevinor</b> <sup>®</sup>
Ethinylestradiol 20 micrograms and norethisterone 1 mg	Tablets	The preferred brand is <b>Loestrin 20</b> <sup>®</sup>
Ethinylestradiol 30 micrograms and norethisterone 1.5 mg	Tablets	The preferred brand is <b>Loestrin 30</b> <sup>®</sup>
<b>ethinylestradiol and norgestimate</b>		
Ethinylestradiol 35 micrograms and norgestimate 250 micrograms	Tablets	The preferred brand is <b>Cilique</b> <sup>®</sup>
<b>Emergency hormonal contraception (EHC)</b>		
<a href="#">FSRH Guideline Emergency Contraception</a>		
A copper <b>IUCD</b> should be offered 1st line as emergency contraception.		
Levonorgestrel 1.5mg	Tablet	
Ulipristal 30mg	Tablet	
<b>7.3.2 Progestogen-only contraceptives</b>		
<b>7.3.2.1 Oral progestogen-only contraceptives</b>		
<b>desogestrel</b>		
Desogestrel 75 micrograms	Tablets	It is currently more cost effective for desogestrel to be prescribed <b>generically</b> .
<b>levonorgestrel</b>		
Levonorgestrel 30 micrograms	Tablets	The preferred brand is <b>Norgeston</b> <sup>®</sup>
<b>norethisterone</b>		
Norethisterone 350 micrograms	Tablets	The preferred brand is <b>Noriday</b> <sup>®</sup>

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<b>7.3.2.2. Parenteral progestogen-only contraceptives</b>		
Medroxyprogesterone acetate	Depo-Provera® Injection 150 mg in 1 ml for deep intramuscular injection  Sayana Press® 104 mg in 0.65 ml prefilled injector device (subcutaneous)	<b>Sayana Press</b> is restricted for those patients who wish to <u>self-administer</u> . Patients must be shown how to self-administer the SC injection at the initial consultation and then self-administer the SC injection to show the HCP that they are capable.
Etonogestrel (Nexplanon®)	68 mg in each flexible rod for subdermal implantation	
<b>7.3.2.3 Intra-uterine progestogen-only contraceptive</b>		
Levonorgestrel	Mirena® Intra-uterine system releasing 20 micrograms per 24 hours  Jaydess® Intra-uterine system containing 13.5 mg	<b>Jaydess</b> is 1st line for those patients wishing to review their family planning method after 3 years. Also approved for patients where there has been an insertion failure with Mirena, patients who are suffering from side effects attributed to increased progesterone levels or those with a smaller uterine cavity or cervix which is too narrow to accommodate a Mirena.
<b>7.3.3 Spermicidal contraceptives</b>		
Nonoxinol-'9'	Gel	
<b>7.3.4 Contraceptive devices</b>		
<b>Fertility (Ovulation Thermometer)</b>		
Fertility thermometers are not an accurate method of detection without appropriate training. Therefore mercury thermometers have not been included in the formulary. The Natural Family Planning (NFP) technique can be effective if taught correctly by trained practitioners.		
<b>Intrauterine Contraceptive Devices (IUCDs)</b>		
IUCDs are classed as appliances and only those listed in part IXA of the Drug Tariff can be prescribed and reimbursed in primary care.		
Flexi-T® 300	For uterine length over 5cm	Replacement every 5 years
Flexi-T® + 380	For uterine length over 6cm	Replacement every 5 years
T-Safe®Cu 380 A	For uterine length 6.5 - 9cm	Replacement every 10 years
TT 380 Slimline®	For uterine length 6.5 - 9cm	Replacement every 10 years
<b>Vaginal Contraceptive Caps and Diaphragms</b>		
Caps and diaphragms are used infrequently. Advice on choice, prescription and fitting of caps and diaphragms should be obtained from a Specialist (primary or secondary care) in their use.		
Flat spring diaphragm	Sizes 55 – 95mm (rising in 5mm)	First choice
Coil spring diaphragm	Sizes 60 – 100mm (rising in 5mm)	
Arcing spring diaphragm	Sizes 60 – 95mm (rising in 5mm)	
Cervical cap	Available in sizes 22, 25, 28 and 31mm	Type B
Vault cap	Available in sizes 1 - 55mm, 2 - 60mm, 3 - 65mm, 4 - 70mm and 5 - 75mm	Type A
Vimule cap	Available in sizes 1 - 45mm, 2 - 48mm and 3 - 51mm	Type C

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<b>7.4 Drugs for genito-urinary disorders</b> ( <a href="#">back to top</a> )		
<b>7.4.1 Drugs for urinary retention</b>		
<b>Alpha-blockers</b>		
Tamsulosin	Modified release capsules 400 micrograms	
Alfuzosin	Modified release tablets 10mg	
<b>7.4.2 Drugs for urinary frequency, enuresis and incontinence</b>		
<a href="#">NICE CG171 Urinary incontinence in women</a> <a href="#">NICE CG97 Lower urinary tract symptoms in men</a>		
Oxybutynin	Tablets 2.5 mg, 5 mg	
Tolterodine	Tablets 1mg, 2mg, Capsules 4mg MR	
Oxybutynin patches	Transdermal patches 36mg	
Oxybutynin MR	Modified release tablets 5mg, 10mg	
Mirabegron	Modified release tablets 25mg, 50mg	As per <a href="#">NICE TA 290 MHRA Drug Safety Update</a>
Solifenacin	Tablets 5mg, 10mg	
Duloxetine	Yentreve® Capsules 20mg, 40mg	
Trospium	Capsules XL 60mg	
Desmopressin	<a href="#">See chapter 6.5.2</a>	
<b>7.4.3 Drugs used in urological pain</b>		
Potassium citrate mixture BP	 Oral solution	Well diluted with water
<b>7.4.4 Bladder instillations and urological surgery</b>		
<b>Urological surgery</b>		
Glucose	5% irrigation solution, 3 litre	
Sodium chloride	0.9% irrigation solution, 1 litre, 3 litre	
Bacillus Calmette-Guérin	bladder instillation 81mg, 12.5mg vial	
Sodium hyaluronate	40mg in 50 ml	
Botulinum A Toxin (Botox®)	100 Units	
<b>7.4.5 Drugs for impotence</b>		
See <a href="#">PDE5 Inhibitors for Treatment of Erectile Dysfunction Policy</a> and <a href="#">Erectile Dysfunction Pathway in Primary Care</a>		
Sildenafil	 Tablets 25mg, 50 mg, 100 mg	1 <sup>st</sup> line
Tadalafil	Tablets 10mg, 20mg (as required)	2 <sup>nd</sup> line <b>SLS</b>
Vardenafil	Tablets 10mg, 20mg	3 <sup>rd</sup> line <b>SLS</b>
Alprostadil	Vitaros® cream 3mg/g Caverject® intracavernosal injection 5 microgram, 10 microgram, 20 microgram, 40 microgram MUSE® 125 microgram, 250 microgram, 500 microgram, 1000 microgram transurethral delivery system	<b>SLS</b> Vitaros® – NOT to be used 1 <sup>st</sup> line. Only to be prescribed after patient has trialled 8 doses of at least two oral PDE-5 inhibitors.

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