



Brighton and Hove Clinical Commissioning Group
 High Weald Lewes Havens Clinical Commissioning Group
 Brighton and Sussex University Hospitals NHS Trust

JOINT FORMULARY
CHAPTER 13 - SKIN
[Formulary home page](#)

Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
Suitable for <u>non-specialist</u> initiation.	For specialist initiation or recommendation only. Specific ongoing monitoring may be required by the specialist, but a GP can prescribe <u>without</u> a shared care guideline.	For specialist initiation only and specific ongoing monitoring but can then be prescribed by GP <u>with</u> a shared care guideline.	For initiation and continuation (including monitoring) by a <u>specialist only</u> .
13.1	Management of skin conditions		
13.2	Emollient and barrier preparations		
13.3	Topical local anaesthetics and antipruritics		
13.4	Topical corticosteroids		
13.5	Preparations for eczema and psoriasis		
13.6	Acne and rosacea		
13.7	Preparations for warts and calluses		
13.8	Sunscreens and camouflagers		
13.9	Shampoos and other preparations for scalp & hair conditions		
13.10	Anti-infective skin preparations		
13.11	Skin cleansers and antiseptics		
13.12	Antiperspirants		
13.13	Topical circulatory preparations		
Version Control			
Date of revision	Sections reviewed	Contributors	
09/11	All sections - Initial review	Dr S Glaspole	
03/12	Clinical Review	Jo Pendlebury	
04/16	APC review	APC and BSUH dermatology department	
05/18	Amendments following the publication of NHSE guidance on conditions for which prescriptions could potentially be restricted .	APC working group	

Ctrl-f will activate the search window.

 Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
--	--------------------------------------	--	---	---------------------------------------














13.1 Management of skin conditions ([back to top](#))

Please check the product entry in the [BNF](#) for an up to date list of excipients.

13.2 Emollient and barrier preparations ([back to top](#))

13.2.1 Emollients

Creams / Lotions

Epimax [®]		Cream	1st line. Most cost effective emollient in primary care. Preferred option to aqueous cream Can be used as a soap substitute or emollient. Does not contain sodium lauryl sulphate (SLS)
ZeroAQS [®]		Cream	2nd line preferred option to aqueous cream Can be used as a soap substitute or emollient. Does not contain sodium lauryl sulphate (SLS)
Zerobase [®]		Cream	Preferred alternative to Diprobase[®]
Zerodouble [®]		Gel	Preferred alternative to Doublebase[®]
Zerocream [®]		Cream	Preferred alternative to E45[®]
Cetraben [®]		Cream Lotion	
Epaderm [®]		Cream	
Zeroveen [®]		Emollient	3rd line only for those with; dermatitis, endogenous or exogenous eczema, xeroderma, ichthyosis or senile pruritus associated with dry skin, where first and second line emollients have been tried. (Equivalent to Aveeno [®])
Preparations containing urea			
Balneum [®]		Cream	Urea 5%, ceramide 0.1%
Calmurid [®]		Cream	Urea 10%, lactic acid 5%
Flexitol [®]		10% urea cream 500g pump only	
Eucerin [®]		Lotion	Urea 10% Excipients include benzyl alcohol and isopropyl palmitate
Dermatonics Once Heel Balm [®]		Cream 75ml tube only	Urea 25% Excipients include beeswax, lanolin <u>Only approved for use in high-risk (of heel ulceration) diabetic patients.</u>













Available to buy Over The Counter. See [policy statement](#) for more info.


**Non-Specialist
Drugs**




**Specialist Initiation WITHOUT
Shared Care Guidelines**

**Specialist Initiation WITH
Shared Care Guidelines**



**Specialist ONLY
Drugs**

13.2.1 Emollients continued			
Ointments			
50:50 Liquid and White Soft Paraffin		Ointment	1 st line ointment in primary care
Zeroderm [®]		Ointment	2 nd line ointment in primary care. Use in preference to Hydromol [®] and Epaderm [®] Ointment
Epaderm [®]		Ointment	3 rd line treatment choice. Zeroderm [®] ointment is the preferred alternative.
Hydromol [®]		Ointment	3 rd line treatment choice. Zeroderm [®] ointment is the preferred alternative. Use as emollient or bath additive
Cetraben [®]		Ointment	4 th line treatment choice
Emulsifying Ointment		Ointment	
Emollin [®]		Spray	
Emollient plus antimicrobial – only to be used where secondary infection is suspected			
Dermol [®]		500 Lotion Cream	Lotion used primarily as soap substitute
13.2.2 Barrier preparations			
Sudocrem [®]		Cream	
Metanium [®]		Ointment	

13.3 Topical local anaesthetics and antipruritics (back to top)			
Crotamiton		Eurax [®] cream	
Doxepin		Xepin [®] cream	

13.4 Topical corticosteroids (back to top)			
As per NICE TA 81 . The locally preferred products included in this TA are listed below.			
MILD POTENCY			
Hydrocortisone *		Ointment 0.5%, 1%* Cream 0.5%, 1%*	
MODERATE POTENCY			
Alclometasone dipropionate		Cream 0.05%	
Betamethasone valerate		Betnovate RD [®] 0.025% ointment Betnovate RD [®] 0.025% cream	
Clobetasone butyrate*		Eumovate [®] 0.05% ointment Eumovate [®] 0.05% cream*	
Fludroxycortide		Tape	For hypergranulation

	Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
---	--	-----------------------------	---	--	------------------------------

13.4 Topical corticosteroids continued (back to top)		
POTENT		
Hydrocortisone butyrate	Locoid® 0.1% Lipocream	
Betamethasone valerate	Betnovate® 0.1% ointment Betnovate® 0.1% cream	
Fluocinolone acetonide	Synalar® gel 0.025%	
Mometasone furoate	Elocon® 0.1% ointment Elocon® 0.1% cream	
With salicylic acid		
Betamethasone (as dipropionate) 0.05%, Salicylic acid 3%	Diprosalic® ointment	
VERY POTENT		
Clobetasol propionate	Dermovate® 0.05% ointment Dermovate® 0.05% cream	
Diflucortolone valerate	Nerisone Forte® cream 0.3% Nerisone Forte® oily cream 0.3%	
Scalp applications		
Betamethasone valerate	Betacap® scalp application 0.1%	
Mometasone furoate	Elocon® scalp lotion 0.1% in aqueous isopropyl alcohol base	
Clobetasol propionate	Clarelux® Foam 0.05% Etrivex® Shampoo 0.05%	
Betamethasone (as dipropionate) 0.05%, Salicylic acid 2%, in an alcoholic basis	Diprosalic® scalp application	
Compound preparations		
Hydrocortisone 1%, urea 10%	Alphaderm® Cream	Potent
Antimicrobial / steroid combination products		
MILD POTENCY		
Hydrocortisone 1%, miconazole nitrate 2% 	Daktacort® Cream, Ointment	
Hydrocortisone 1%, clotrimazole 1% 	Canesten HC® Cream	
Hydrocortisone 0.5%, benzalkonium chloride soln 0.2%, nystatin 100,00u/g, dimeticone '350' 10%	Timodine® Cream	
Hydrocortisone 1%, sodium fusidate 2%	Fucidin H® Cream	Should only be prescribed for infected dermatoses, as a course used twice daily for 7-10 days. It should not be used for intermittent therapy due to risk of provoking Fucidin resistance
MODERATE POTENCY		
Clobetasone butyrate 0.05%, oxytetracycline 3%, nystatin 100,000 units/g	Trimovate® Cream	<i>Stains clothing</i>

 Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
--	-----------------------------	---	--	------------------------------




13.4 Topical corticosteroids continued (back to top)		
POTENT		
Betamethasone valerate 0.1% fucidic acid 2%	Fucibet [®] Cream	Should only be prescribed for infected dermatoses, as a course used twice daily for 7-10 days. It should not be used for intermittent therapy due to risk of provoking Fucibet resistance
Betamethasone 0.1%, clioquinol 3%	Betnovate-C [®] Cream, Ointment	Stains clothing
Betamethasone 0.05% equivalent, Clotrimazole 1%	Lotriderm [®] Cream	
Diflucortolone valerate 0.1%	Nerisone [®] Oily Cream	
VERY POTENT		
Clobetasol propionate 0.05%, neomycin sulphate 0.5%, nystatin 100,000 units/g	Clobetasol /neomycin /nystatin Cream	




13.5 Preparations for eczema and psoriasis (back to top)		
13.5.1 Preparations for eczema		
Oral Retinoids for Eczema		
Alitretinoin	Capsules 10mg, 30mg Toctino [®]	NICE TA177 FP10 HP prescriptions can be dispensed in the community but this is currently a hospital supplied medicine to BSUH patients. Prescriptions should be supplied in accordance with the Pregnancy Prevention Programme. See Toctino website .
13.5.2 Preparations for psoriasis		
Calcipotriol 50microgram/g	Dovonex [®] Ointment 30g	See BNF for important dosage instructions
Calcipotriol 50micrograms/g plus betamethasone 0.05%	Dovobet [®] Ointment, Gel 60g Enstilar Cutaneous Foam 60g	See BNF for important dosage instructions Enstilar – maximum 4 week treatment length
Calcitriol 3micrograms/g	Silkis [®] Ointment 30g, 100g	
Prepared coal tar 1% in an emollient basis	Exorex [®] Lotion	
Dithranol 0.1%, 0.25%, 0.5%, 1%, 2%	Dithrocream [®] Cream	
Acitretin	Capsules 10mg, 25mg Neotigason [®]	FP10 HP prescriptions can be dispensed in the community but this is currently a hospital supplied medicine to BSUH patients.
Puvasoralen 8	Bath lotion 1.2% Emulsion 0.15%	
8-methoxy-psoralen	Tablets 10 mg	
5-methoxy-psoralen	Tablets 20 mg	

 Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
--	-----------------------------	---	--	------------------------------


13.5.3 Drugs affecting the immune response		
Tacrolimus	Ointment 0.03%, 0.1%: 30g, 60g	NICE TA 82
Pimecrolimus	Cream 1%: 30g, 60g, 100g	NICE TA 82
Methotrexate	Tablets 2.5 mg Tablets 10mg Injection pre-filled syringe 50mg/ml, 7.5mg, 10mg, 15mg, 20mg, 25mg doses	SCG approved indications (oral, 2.5mg tablets only) BH CCG Drug Monitoring LCS Specification . (Metoject®)
Ciclosporin	Capsules, 25mg,50mg,100mg	SCG approved indications. BH CCG Drug Monitoring LCS Specification .
Azathioprine	Tablets 25mg, 50mg	SCG approved indications. BH CCG Drug Monitoring LCS Specification .
Mycophenolate	Capsules 250mg, tablets 500mg	SCG approved indications. BH CCG Drug Monitoring LCS Specification .
Adalimumab	40mg SC autoinjector	Funded by CCG for the treatment of adults with psoriasis as per NICE TA 146 and Blueteq. Funded by NHS England for use in hidradenitis suppurativa as per NICE TA 392 and for treating plaque psoriasis in children and young people as per NICE TA 455
Etanercept Benepali®	25mg,50mg SC autoinjector	Currently Benepali® is the most cost effective brand. As per NICE TA 103 and Blueteq Funded by NHS England for treating plaque psoriasis in children and young people as per NICE TA 455
Infliximab Flixabi®, Remicade®, Inflectra®,Remsima®	Vial 100mg	Funded by CCG (NHS England if paediatric use). Requires IV infusion. Currently Flixabi® is the most cost effective brand. As per NICE TA 134 and Blueteq
Ustekinumab	45mg prefilled syringe	As per NICE TA 180 and Blueteq Funded by NHS England for treating plaque psoriasis in children and young people as per NICE TA 455
Secukinumab	150mg prefilled pen or syringe	As per NICE TA 350 and Blueteq
Apremilast	30mg tablets	As per NICE TA 419 and Blueteq
Ixekizumab	80mg prefilled syringe	AS per NICE TA 442 and Blueteq
Dimethyl fumerate	30mg, 120mg tablets	As per NICE TA 475 and Blueteq
Brodalumab	210mg / 1.5ml pre-filled syringes	As per NICE TA 511 and Blueteq
Guselkumab	100mg / 1ml prefilled syringe	As per NICE TA521 and Blueteq
Dupilumab	150mg / 1 ml prefilled syringe	As per NICE TA534 and Blueteq
Certolizumab pegol	200mg pre-filled pen / syringe	As per NICE TA574 and Blueteq
Tildrakizumab	100mg, 200mg pre-filled syringe	As per NICE TA575 and Blueteq
Risankizumab	75 mg prefilled syringes	As per NICE TA596 and Blueteq

 Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
--	----------------------	--	---	-----------------------









13.6 Acne and rosacea (back to top)					
13.6.1 Topical preparations for acne					
Topical benzoyl peroxide and azelaic acid					
Benzoyl peroxide		Gel 2.5%, 5%, 10% Wash 10%			
Azelaic acid		Skinoren [®] cream, 20% Finacea [®] Gel 15%	For papulopustular rosacea only.		
Soolantra		Ivermectin 10mg/g cream	For papulopustular rosacea only. Prescribe two tubes as a course for 12 weeks. Improvement should be seen within 3 months. Advise patient to return if not effective.		
Topical antibacterials for acne					
Clindamycin 1%		Zindaclin [®] gel			
Benzoyl peroxide 5% or 3%, clindamycin 1% in aqueous basis		Duac [®] Once Daily			
Erythromycin 40mg, zinc acetate 12mg/ml in ethanol		Zineryt [®] topical solution			
Clindamycin 1% (as phosphate)		Dalacin T [®] topical solution Dalacin T [®] topical lotion	Solution is aqueous alcoholic base. Lotion is aqueous base		
13.6.1 Topical preparations for acne continued					
Topical retinoids and related preparations for acne					
Adapalene 0.1%, benzoyl peroxide 2.5%		Epiduo [®] gel			
Adapalene		Differin [®] cream, gel			
Isotretinoin		Gel 0.05%			
Other topical preparations for acne					
13.6.2 Oral preparations for acne					
Co-cyprindiol		Tablets containing Co-cyprindiol 2000/35 (cyproterone acetate 2 mg ethinylestradiol 35 micrograms)	Used in females for acne and hirsutism		
Isotretinoin		Capsules 5 mg, 20 mg			
13.7 Preparations for warts and calluses (back to top)					
Salicylic acid		Salactol [®] Paint; salicylic acid 16.7%, lactic acid 16.7% in flexible collodion Cuplex [®] Gel; salicylic acid 11%, lactic acid 4% in a collodion basis			
Podophyllotoxin		Warticon 0.15% Cream Condyline 0.5% w/v cutaneous solution	1 st line 2 nd line For external genital warts. Applied weekly in clinic (or at a general practitioner's surgery by a trained nurse after screening for other sexually transmitted diseases)		
Imiquimod		Aldara [®] Cream 5%	For external genital and perianal warts. May damage latex condoms and diaphragms. Also for basal cell carcinoma.		
	Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs

13.8 Sunscreens and camouflagers (back to top)		
13.8.1 Sunscreening preparations <i>Note ACBS applies – only allowed for abnormal cutaneous photosensitivity resulting from genetic disorders or photodermatoses, including vitiligo and those resulting from radiotherapy; chronic or recurrent herpes simplex labialis</i>		
Sunsense® Ultra ACBS		Lotion UVA and UVB protection; UVB-SPF 50+
Anthelios® ACBS		Melt-in Cream; SPF 50+
Uvistat® ACBS		Cream SPF 30, SPF 50
Photodamage PCDS AK Guidelines 2014 (except Zyclara which is on the Blacklist)		
Aminolaevulinic Acid		Ameluz® 78mg/g gel
Diclofenac sodium		Solaraze® Gel 3%
Fluorouracil		Efudix® Cream 5%
Fluorouracil 0.5% & Salicylic Acid 10%		Actikerall® Lotion
Imiquimod		Aldara® Cream 5%
Ingenol mebutate		Picato® Gel 150 micrograms/g, 500 micrograms/g
		Jan 2020 – Product recall due to safety concerns. Do not prescribe until further notice. See EMA info and MHRA info


13.8.2 Camouflagers
The Drug Tariff specifies that the following products can be prescribed on FP10 prescription (by endorsement of ACBS) as covering creams and concealment of birthmarks for postoperative scars and other deformities and as adjunctive therapy in the relief of emotional disturbance due to disfiguring skin disease, such as vitiligo. <ul style="list-style-type: none"> ◆ Covermark® Classic Foundation and Finishing Powder ◆ Dermacolor® Camouflage Cream and Fixing Powder ◆ Keromask® Finishing Powder and Masking Cream ◆ Veil® Cover Cream and Finishing Powder (See BNF for excipients)

13.9 Shampoos and some other scalp preparations (back to top)		
Removal of thick skin		
Coal tar solution 12%w/w, salicylic Acid 2%w/w, sulphur for external use 4%w/w		Cocois® Ointment Sebco® Ointment
Shampoos		
Cetrimide, Undecenoic acid		Ceanel Concentrate® Shampoo
Ketoconazole 2%		Shampoo
Coal tar extract 2%		T/Gel® Shampoo
Coal tar 1%, coconut oil 1%, salicylic acid 0.5%		Capasal® Shampoo
Benzalkonium chloride 0.5%		Dermax® Shampoo

 Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
--	-----------------------------	---	--	------------------------------

13.10 Anti-infective skin preparations (back to top)		
13.10.1 Antibacterial preparations		
13.10.1.1 Antibacterial preparations only used topically		
Silver sulfadiazine	Cream, 1% 20g, 50g, 250g, 500g	
Mupirocin	Ointment or cream, 2%	
Polymyxin B sulphate 10,000units, bacitracin zinc 500units/g	Ointment	
13.10.1.2 Antibacterial preparations also used systemically		
Fusidic acid	Cream 2%, 15g, 30g	Excipients include butylated hydroxyanisole, cetyl alcohol
Metronidazole	Rozex [®] cream or gel, 0.75% Metrogel [®] gel 0.75% Anabact [®]	Metrogel [®] first choice in Primary care
13.10.2 Antifungal preparations For choice of oral antifungals please refer to Chapter 5.2		
Yeast infections		
Clotrimazole	 Cream 1% Spray 1% Solution 1%	
Miconazole nitrate	 Cream 2%	
Undecenoates	 Mycota [®] Cream, Powder, Spray	
13.10.2 Antifungal preparations continued For choice of oral antifungals please refer to Chapter 5.2		
Dermatophyte infections		
Ketoconazole	 Cream 2%	
Terbinafine	 Cream 1%	
13.10.3 Antiviral preparations		
Aciclovir	*  Cream 5% 2g tube* 10 g tube	2g tube (used to treat cold sores) is approved for use in immunocompromised patients, otherwise patients should purchase OTC.
13.10.4 Parasiticial preparations		
Scabies (Sarcoptes scabiei)		
Permethrin	Lyclear [®] Dermal Cream	
Malathion	 Derbac M [®] Liquid	
Head Lice Pediculus humanus capitis		
Dimeticone	 Hedrin [®] Lotion 4%	NICE CKS management info
13.10.5 Preparations for minor cuts and abrasions		
Surgical tissue adhesive		
Tissue adhesives are used for the closure of minor skin wounds and for additional suture support. They should be applied by an appropriately trained healthcare professional.		

 Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
--	-----------------------------	---	--	------------------------------

13.11 Disinfectants and cleansers (back to top)		
13.11.1 Alcohols and saline		
Industrial methylated spirit, BP		
Surgical spirit, BP		
Sodium chloride 0.9%	Clinipod® Stericlens®	
13.11.2 Chlorhexidine salts		
Chlorhexidine gluconate 4% in an alcoholic solution	Hydrex® Surgical Scrub	RED = Pre-op MRSA suppression therapy GREEN = All other indications
13.11.4 Chlorine and iodine		
Povidone-iodine	Videne® antiseptic solution	
13.11.5 Phenolics		
None recommended.		
13.11.6 Astringents, oxidisers and dyes		
Potassium permanganate	Permitabs® solution tablets 400mg	
13.11.7 Preparations for promotion of wound healing		
Appropriate wound management requires the underlying cause to be treated rather than to use preparations to promote wound healing.		
13.12 Antiperspirants (back to top)		
Aluminium salts	 Anhydrol Forte® Driclor®: ZeaSORB® dusting powder	1 st line.
Oxybutynin	Tablets IR 2.5mg	Approved for off-label use for the treatment of hyperhidrosis.
Propantheline bromide	Tablets 15mg	
Botulinum toxin type A	Botox®	Approved for hyperhidrosis
13.13 Topical circulatory preparations (back to top)		
No products have been included in this formulary as they are of little value and are considered as being less suitable for prescribing. Chilblains are best managed by avoidance of exposure to cold. Neither systemic nor topical vasodilator therapy has been established as being effective.		
Wound management products and elastic hosiery		
Refer to Appendix 4 of the formulary: Wound Management Products and Elasticated Garments		

	Available to buy Over The Counter. See policy statement for more info.	Non-Specialist Drugs	Specialist Initiation WITHOUT Shared Care Guidelines	Specialist Initiation WITH Shared Care Guidelines	Specialist ONLY Drugs
---	--	-----------------------------	---	--	------------------------------